About this resource



With collaborators & support from multiple institutions, including:









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How to Use This Document

This is a living document, created by created by nurses, physicians, respiratory therapists and other healthcare providers from multiple institutions and multiple countries via the OpenCriticalCare.org project.

The goal of this document is to provide tools that can be locally modified to help healthcare providers learning to provide respiratory care for hospitalized patients.

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Pediatric oxygen therapy escalation algorithm

A medical mask should be placed over nasal cannula & HFNO for patients with suspected or confirmed highly infectious respiratory illness (e.g. COVID-19)







For HFNO, BIPAP, and CPAP, heated humidification should be used.

HFNO

- Start oxygen at 1-5 L/min
- Use nasal prongs
- Assess response

FiO₂ 0.23 - 0.4



If continued distress or ${\rm SpO}_2^{} < 90\%$ (or <94% if pregnant or emergency signs)

- Use face mask
- Increase oxygen to 5-10 L/min
- Assess response

FiO₂ 0.3 - 0.5



If continued distress or ${\rm SpO}_2^2 < 90\%$ (or <94% if pregnant or emergency signs)

- Use face mask with reservoir
- Start oxygen at 10-15 L/min & titrate to ensure bag inflates

FiO₂ 0.5 - 0.85



If continued distress or $SpO_2 < 90\%$ (or <94% if pregnant or emergency signs)

• Find higher level care & consider:

HFNO: 10-20kg 1L/kg/min

20-40kg 0.5-1L/kg/min (max 30) >40kg 0.5-1L/kg/min (max 60)

CPAP: 5-10 cmH20

BIPAP: PS (△P) 5-15/PEEP (EPAP) 5-15

FiO, 0.21 - 1.0

Wean O₂ flow and avoid SpO₂ 100% to avoid ill effects of hyperoxia & excess O₂ consumption. Optimal SpO2 goal may vary with locally available resources.

Nasal BIPAP/CPAP

CPAP - continuous positive airway pressure; BIPAP - bilevel positive airway pressure; HFNO - high flow nasal oxygen; LPM - liters per minute; Δ delta; PS - pressure support; PEEP - positive end expiratory pressure; EPAP - expiratory positive airway pressure



Oronasal BIPAP/CPAP







